



BRAD KING

Brad King, M.S., MFS, nutritional researcher and bestselling author, is the designer of the Awaken Your Body (Brad King's) Ultimate line of supplements. Effective nutrient supplementation can often be the missing piece to your metabolic puzzle. Brad King's Ultimate supplements and lifestyle recommendations are designed to support and optimize metabolism at the cellular level – resulting in abundant health, energy, and longevity.

BRAD KING'S

Ultimate Starch & Fat Blocker™

Extra support when you need it!

What to expect from this product:

- Prevents your body from absorbing over 50% of calories from most starches.
- Binds to and safely blocks the uptake of approximately 30% of calories from fat.
- Helps to prevent fat and excess sugars from entering the bloodstream.
- Helps to regulate appetite by reducing carbohydrate and sugar cravings.
- Helps to insure more fat is used for energy.
- Provides extra antioxidant power to the diet.
- Stimulates healthy digestion.
- Lowers excess cholesterol levels.



To truly lose excess body fat (not simply weight) – and keep it off – you're going to have to forgo diets in favour of some lifelong lifestyle changes that incorporate exercise (especially muscle-building exercise) with a sustained balance of high-quality protein, dietary fats, and low glycemic carbohydrates.

In the meantime, on days that you find it too difficult to follow a healthy dietary protocol – or on designated cheat days – you can at least stop some of the excess carbohydrate (starch) and fat calories from adding to your expanding fat cell accounts by supplementing with scientifically proven starch and fat blocking nutrients.

ORIGINAL FORMULA:

Each Capsule Contains:

Phaseolamin 2250™ (Phase 2®)

(*Phaseolus vulgaris*) (dried bean extract) 166.7 mg

Green Tea Extract (*Camellia sinensis*) (leaf) (80% Polyphenols) 91.7 mg

Gymnema Extract (*Gymnema sylvestris*) (leaf) (75% Gymnemic acid) 83.3 mg

Bioperine® Black Pepper Extract

(*Piper nigrum*) (fruit) (95% Piperine) 666.7 mcg

Non-medicinal ingredients: vegetarian capsule (cellulose, purified water, silica), rice starch, magnesium stearate.

This product does not contain any: dairy, artificial colours, sugars or additives.

SUGGESTED USAGE:

3 capsules at the beginning of a high starch and/or high fat meal.

Not to be used to maintain a poor diet.

Note: Caution is advised if on prescription medication unless under the supervision of a health care practitioner.

At any given time, one-quarter of men and one-third of women are either starting or finishing another fad diet. According to the National Centre for Health Statistics (Washington, D.C.) the problem is getting worse each year, growing at an alarming rate. When was the last time you tried to follow a stringent diet?

The problem is that none of them ever seem to work. In the short term, you may lose a few pounds, but over the long term only about 5% of dieters manage to keep off the lost weight. And the majority who don't are chagrined to find themselves fatter than they were before they started dieting. Obesity rates have tripled since our health experts warned us in the 1950s to lose weight by eating less fat and exercising more. In fact, despite all our diets, North Americans are getting fatter every year. And our doctors don't seem to have the answers. The Fat Wars line of products have been designed using the latest research in nutritional science to bring you the highest quality and most effective nutrient combinations for targeting weight loss.

