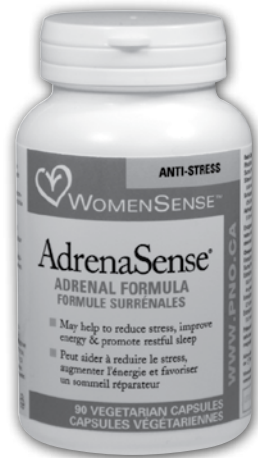


# AdrenaSense®

## ADRENAL SUPPORT FORMULA

### What to expect from this product

- Support adrenal glands
- Reduce effects of stress
- Promote restful sleep
- Improve energy
- Reduce fatigue
- Improve sexual function
- Enhance immunity
- Reduce pain and inflammation
- Antioxidant protection
- Anti-Aging support
- Support cardiovascular system



## STRESS AND THE ADRENAL GLANDS

The adrenals release various stress response hormones that guide our body's reaction to a stressor. Our ability to adapt to stress depends upon optimal function of the adrenal glands and in particular, the regulation of the main stress hormone, cortisol.

Early symptoms of adrenal stress include: fatigue, depression, cold hands or feet, dizziness, low back pain, asthma, allergies, sweet cravings, hormonal imbalances, irritability, headaches, colitis and other gastrointestinal problems, skin problems, arthritis and other inflammatory conditions.

Research has shown that cortisol imbalances can also lead to blood sugar problems, weight gain, compromised immune function, infertility, chronic fatigue, bone loss, high triglyceride levels and heart disease.

## EACH CAPSULE CONTAINS

### Medicinal Ingredients

Rhodiola (*Rhodiola rosea*) Extract (root) ..... 100 mg  
(3% salidroside)

Suma (*Pfaffia paniculata*) (root) ..... 100 mg

Siberian Ginseng (*Eleutherococcus senticosus*) Extract  
(root) ..... 100 mg  
(0.8% eleutherosides) (15:1 from 1500 mg Siberian Ginseng)

Schisandra (*Schisandra chinensis*) Extract (berry) ..... 80 mg  
(2% Schisandrins) (2:1 from 160 mg Schisandra)

Ashwagandha (*Withania somnifera*) Extract (root) ..... 80 mg  
(1.5% withanolides) (5:1 from 400 mg Ashwagandha)

Encapsulated in a vegetarian capsule (carbohydrate gum, purified water, silica) with rice starch and vegetable grade magnesium stearate (lubricant).

## SUGGESTED USAGE

### Adults (12 years and older)

1–3 capsules daily or as directed by a health care practitioner. Take with food. Keep out of reach of children.

This product does not contain artificial preservatives, colour or sweeteners; corn, dairy, soy, wheat or yeast.



ALL FORMULAS ARE MANUFACTURER TESTED AND 3<sup>RD</sup> PARTY VERIFIED FOR POTENCY

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REV APR 28 2010